



Place dry mix in a pitcher or container that is easy to pour from.



Add whole milk and mix with hand whisk/blender until completely mixed and no dry mix remains.



Pour equally into serving dishes.



Cover and let rest for at least 3-5 minutes or refrigerate until ready to serve.

**LEVEL 4  
DYSPHAGIA  
APPROVED**

# Mix'D

by  
**DARLINGTON**  
=>snacks<=

Mix'D by Darlington is a versatile, shelf stable, dry mix that provides a fast, delicious, high protein, high calorie snack experience. Mix'D is designed for all patients, including those on dysphagia diets. This mousse is easy to make, and comes in delectable, classic flavors, Lemon Meringue and Chocolate Covered Strawberry.

Blend Mix'D with either milk or water, and you will achieve a mousse-like consistency that is easy to scoop with a spoon.

Try it in the freezer as well!  
In 20-30 minutes, you'll have luscious ice cream!





# Lemon Meringue

## #22110 | 1.2 lbs | 18 ct

12 servings per pack | 216 servings per case

There is nothing better than the twist of zesty lemon and creamy meringue. Take a trip back in time and enjoy our classic flavors for the perfect, easy-to-make shelf stable snack.

### NUTRITION FACTS

SERVING SIZE	CALORIES	TOTAL FAT *PDV	SAT. FAT *PDV	TRANS. FAT	CHOL. *PDV	SODIUM *PDV	TOTAL CARBS *PDV	DIETARY FIBER *PDV	TOTAL SUGARS	ADDED SUGARS *PDV	PROTEIN	SHELF LIFE
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(with whole milk)

Lemon Meringue	45g/121g	270	13g 17%	7g 35%	0g	10mg 3%	150mg 7%	29g 11%	0g 0%	23g	18g 36%	10g	365
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(powder mix only - aka. nothing added)

Lemon Meringue	45g	220	11g 14%	5g 25%	0g	5mg 2%	115mg 5%	25g 9%	0g 0%	19g	18g 36%	7g	365
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**DARLINGTON**  
= snacks =



# Chocolate Covered Strawberry

## #22210 | 1.2 lbs | 18 ct

12 servings per pack | 216 servings per case

Taste the delicious, nostalgic flavor of our chocolate covered strawberry Mix'D mousse. With a tangy strawberry punch and a rich, smooth chocolatey flavor, Mix'D mousse is THE sweet choice for any meal.

### NUTRITION FACTS

SERVING SIZE	CALORIES	TOTAL FAT *PDV	SAT. FAT *PDV	TRANS. FAT	CHOL. *PDV	SODIUM *PDV	TOTAL CARBS *PDV	DIETARY FIBER *PDV	TOTAL SUGARS	ADDED SUGARS *PDV	PROTEIN	SHELF LIFE
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(with whole milk)

Chocolate Strawberry	45g/121g	270	13g 17%	7g 35%	0g	10mg 3%	150mg 7%	29g 11%	0g 0%	23g	18g 36%	10g	365
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(powder mix only - aka. nothing added)

Chocolate Strawberry	45g	210	10g 13%	5g 25%	0g	5mg 2%	115mg 5%	25g 9%	0g 0%	19g	18g 36%	7g	365
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