

NUTRITIONAL FACTS

DARLINGTON

≈snacks≈



With Darlington's delicious pre-baked, shelf stable and individually wrapped cookies, you get snacks that taste as good as they look.

Flavor	Darlington Number	Suggested Serving Size	Calories	Total Fat (%)	Saturated Fat (%)	Trans Fat	Cholesterol (%)	Sodium (%)	Total Carbohydrate (%)	Dietary Fiber (%)	Total Sugars	Added Sugars (%)	Protein (%)							
Darlington Soft & Chewy Cookies																				
Chocolate Chip	23110	0.75oz	90	4.5g	6%	2g	10%	0g	5mg	2%	70mg	6%	14g	5%	0g	0%	10g	10g	20%	0g
Oatmeal	23210	0.75oz	90	3.5g	4%	1.5g	8%	0g	5mg	2%	105mg	5%	13g	5%	0g	0%	8g	8g	16%	1g
Sugar	23410	0.75oz	90	4.5g	6%	2g	10%	0g	5mg	2%	140mg	6%	13g	5%	0g	0%	10g	10g	20%	0g
Chocolate Chip	23810	1.4oz	170	6g	8%	3g	15%	0g	5mg	2%	150mg	7%	28g	10%	1g	4%	14g	13g	26%	2g
Darlington Sugar Free Soft & Chewy Cookies																				
Chocolate Chip	27510	0.75oz	70	2g	3%	1g	5%	0g	0mg	0%	75mg	3%	15g	5%	0g	0%	0g	0g	0%	1g
Lemon	27530	0.75oz	70	2g	3%	1g	5%	0g	0mg	0%	70mg	3%	15g	5%	0g	0%	0g	0g	0%	1g
Oatmeal	27540	0.75oz	80	3g	4%	1.5g	8%	0g	0mg	0%	80mg	3%	14g	5%	0g	0%	0g	0g	0%	1g
Darlington WG Breakfast Squares																				
Iced Apple	24100	1.5oz	160	4.5g	6%	2g	10%	0g	5mg	2%	140mg	5%	29g	11%	1g	4%	13g	12g	24%	2g
Iced Cinnamon	24200	1.5oz	160	4.5g	6%	1.5g	8%	0g	5mg	2%	110mg	5%	30g	11%	2g	7%	11g	11g	22%	2g
Darlington Snack-N-Square																				
Iced Lemon	26020	1.2oz	130	4g	5%	2g	10%	0g	0mg	0%	115mg	5%	22g	8%	0g	0%	8g	8g	16%	2g
Darlington Waffle Snaps																				
Shortbread	29072	0.5oz	70	3g	4%	1g	5%	0g	0mg	0%	40mg	2%	10g	4%	0g	0%	4g	3g	6%	1g
Darlington WG Holiday Shaped Sugar Cookies																				
WG Sugar Cookie	-	0.95 oz	120	4g	5%	1g	5%	0g	0mg	0%	45mg	2%	21g	8%	0g	0%	8g	8g	16%	1g
Crave-n-Rave Spikerz[®] Bite Sized Crackers																				
El Nacho Cheese	51110	0.9oz	100	3g	4%	0g	0%	0g	0mg	0%	170mg	7%	15g	5%	2g	7%	1g	0g	0%	2g
Heavenly Ranch	51210	0.9oz	100	3g	4%	0g	0%	0g	0mg	0%	160mg	7%	16g	6%	2g	7%	1g	0g	0%	2g



www.darlingtonsnacks.com

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Appleways WG 1.2 oz Oatmeal Bars																				
Apple	70100	1.2oz	140	4.5g	6%	0.5g	3%	0g	5mg	2%	90mg	4%	23g	8%	1g	4%	9g	8g	16%	2g
Chocolate Chip	70300	1.2oz	140	4.5g	6%	1g	5%	0g	5mg	2%	75mg	3%	23g	8%	1g	4%	9g	8g	16%	2g
Strawberry	70400	1.2oz	140	4.5g	6%	0.5g	3%	0g	5mg	2%	75mg	3%	23g	8%	1g	4%	9g	8g	16%	2g
Vanilla Celebration	70500	1.2 oz	140	4.5g	6%	1g	5%	0g	5mg	2%	75mg	3%	23g	8%	1g	4%	9g	8g	16%	2g
Blueberry	70600	1.2 oz	140	4.5g	6%	0.5g	3%	0g	5mg	2%	75mg	3%	23g	8%	1g	4%	9g	8g	16%	2g
Appleways WG 2.4 oz Oatmeal Bars																				
Apple	75100	2.4 oz	280	9g	12%	1.5g	8%	0g	5mg	2%	170mg	7%	46g	17%	3g	11%	19g	16g	32%	4g
Chocolate Chip	75300	2.4 oz	280	9g	12%	2g	10%	0g	5mg	2%	140mg	6%	46g	17%	3g	11%	19g	16g	32%	4g
Strawberry	75400	2.4 oz	280	9g	12%	1.5g	8%	0g	5mg	2%	150mg	7%	46g	17%	3g	11%	19g	16g	32%	4g
Vanilla Celebration	75500	2.4 oz	280	9g	12%	2g	10%	0g	5mg	2%	140mg	6%	46g	17%	3g	11%	19g	16g	32%	4g
Blueberry	75600	2.4 oz	280	9g	12%	1.5g	8%	0g	5mg	2%	150mg	7%	46g	17%	2g	7%	19g	16g	32%	4g
Appleways WG Crispy Bites & Mini Wafers																				
Cinnamon	71000	1.0oz	120	4g	5%	0.5g	3%	0g	0mg	0%	75mg	3%	21g	8%	2g	7%	8g	7g	14%	2g
Cocoa	71300	1.0 oz	120	3.5g	4%	0.5g	3%	0g	0mg	0%	85mg	4%	21g	8%	2g	7%	8g	8g	16%	2g
Blueberry Lemon	71500	1.0oz	120	3.5g	4%	0.5g	3%	0g	0mg	0%	60mg	3%	21g	8%	2g	7%	8g	7g	16%	2g
Granola	71600	1.0oz	120	2g	3%	0g	0%	0g	0mg	0%	75mg	3%	22g	8%	2g	7%	6g	6g	12%	2g
Vanilla	72000	1.0oz	120	4g	5%	0.5g	3%	0g	0mg	0%	50mg	2%	21g	8%	2g	7%	7g	7g	14%	2g
Appleways WG Animal Crackers																				
Mixed Berry	72400	0.9 oz	110	3.5g	4%	0.5g	3%	0g	0mg	0%	60mg	3%	18g	7%	2g	7%	6g	6g	12%	2g
Appleways WG Soft Baked Cookies																				
Oatmeal Raisin	73000	1.4 oz	160	5g	6%	1.5g	8%	0g	0mg	0%	90mg	4%	27g	10%	2g	7%	12g	9g	18%	2g
Chocolate Chip	73300	1.4 oz	160	4.5g	6%	1g	5%	0g	0mg	0%	90mg	4%	28g	10%	2g	7%	12g	10g	20%	2g
Appleways WG Crispy Crackers																				
Cheddar Cheeses	76100	0.9 oz	110	3.5g	4%	1g	5%	0g	0mg	0%	180mg	8%	17g	6%	2g	7%	0g	0g	0%	3g
Bean & Veggie	76300	1.2 oz	110	4.5g	6%	0.5g	3%	0g	0mg	0%	180mg	8%	22g	8%	2g	7%	1g	0g	0%	4g
Sweet Potato	76400	1.0 oz	110	2g	3%	0g	0%	0g	0mg	0%	80mg	3%	22g	8%	2g	7%	6g	5g	10%	2g



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