

NUTRITIONAL FACTS

With delicious pre-baked, shelf stable and individually wrapped cookies from Darlington Snacks, you get snacks that taste as good as they look.



Flavor	Darlington Number	Sug-gested Serving Size	Calories	Total Fat (%)	Saturated Fat (%)	Trans Fat	Cholesterol (%)	Sodium (%)	Total Carbohydrate (%)	Dietary Fiber (%)	Total Sugars	Added Sugars (%)	Protein (%)	Shelf Life							
Darlington® 0.75 oz / 1.4 oz Soft Baked Cookies																					
Chocolate Chip	23110	0.75 oz	90	4.5g	6%	2g	10%	0g	5mg	2%	70mg	6%	14g	5%	0g	0%	10g	10g	20%	0g	135
Oatmeal	23210	0.75 oz	90	3.5g	4%	1.5g	8%	0g	5mg	2%	105mg	5%	13g	5%	0g	0%	8g	8g	16%	1g	135
Sugar	23410	0.75 oz	90	4.5g	6%	2g	10%	0g	5mg	2%	140mg	6%	13g	5%	0g	0%	10g	10g	20%	0g	135
Chocolate Chip	23810	1.4 oz	170	6g	8%	3g	15%	0g	5mg	2%	150mg	7%	28g	10%	1g	4%	14g	13g	26%	2g	135
Darlington 0.75 oz Sugar Free Soft Baked Cookies																					
Chocolate Chip	27510	0.75 oz	70	2g	3%	1g	5%	0g	0mg	0%	75mg	3%	15g	5%	0g	0%	0g	0g	0%	1g	105
Lemon	27530	0.75 oz	70	2g	3%	1g	5%	0g	0mg	0%	70mg	3%	15g	5%	0g	0%	0g	0g	0%	1g	105
Darlington WG 1.5 oz Breakfast Squares															<i>1 Grain Equivalent</i>						
Iced Apple	24100	1.5 oz	160	4.5g	6%	1.5g	8%	0g	5mg	2%	110mg	5%	30g	11%	2g	7%	11g	11g	22%	2g	135
Iced Cinnamon	24200	1.5 oz	160	4.5g	6%	1.5g	8%	0g	5mg	2%	110mg	5%	30g	11%	2g	7%	11g	11g	22%	2g	135
Darlington 1.2 oz Snack-N-Squares																					
Iced Lemon	26020	1.2 oz	130	4g	5%	2g	10%	0g	0mg	0%	115mg	5%	22g	8%	0g	0%	8g	8g	16%	2g	135
Darlington 1.0 oz Shortbread Biscuit Bites																					
Shortbread	29000	1.0 oz	100	5g	6%	2.5g	13%	0g	0mg	0%	60mg	3%	20g	7%	0g	0%	7g	7g	14%	1g	180
Darlington WG 0.95 oz Holiday Themed Sugar Cookies															<i>1 Grain Equivalent</i>						
WG Sugar Cookie	-	0.95 oz	120	4g	5%	1g	5%	0g	0mg	0%	45mg	2%	21g	8%	0g	0%	8g	8g	16%	1g	180
Crave-N-Rave® Spikerz 0.9 oz Bite Sized Crackers															<i>1 Grain Equivalent</i>						
El Nacho Cheese	51110	0.9 oz	100	3g	4%	0g	0%	0g	0mg	0%	170mg	7%	15g	5%	2g	7%	1g	0g	0%	2g	365
Heavenly Ranch	51210	0.9 oz	100	3g	4%	0g	0%	0g	0mg	0%	160mg	7%	16g	6%	2g	7%	1g	0g	0%	2g	365
Appleways® WG 1.4 oz Soft Baked Cookies															<i>1 Grain Equivalent</i>						
Oatmeal Raisin	73000	1.4 oz	160	5g	6%	1.5g	8%	0g	0mg	0%	90mg	4%	27g	10%	2g	7%	12g	9g	18%	2g	180
Chocolate Chip	73300	1.4 oz	160	4.5g	6%	1g	5%	0g	0mg	0%	90mg	4%	28g	10%	2g	7%	12g	10g	20%	2g	180



Flavor	Darlington Number	Serving Size	Calories	Total Fat (%)	Saturated Fat (%)	Trans Fat	Cholesterol (%)	Sodium (%)	Total Carbohydrate (%)	Dietary Fiber (%)	Total Sugars	Added Sugars (%)	Protein (%)	Shelf Life							
Appleways® WG 1.2 oz Oatmeal Bars													<i>1 Grain Equivalent</i>								
Apple	70100	1.2 oz	140	4.5g	6%	0.5g	3%	0g	5mg	2%	90mg	4%	23g	8%	1g	4%	9g	8g	16%	2g	135
Chocolate Chip	70300	1.2 oz	140	4.5g	6%	1g	5%	0g	5mg	2%	75mg	3%	23g	8%	1g	4%	9g	8g	16%	2g	135
Strawberry	70400	1.2 oz	140	4.5g	6%	0.5g	3%	0g	5mg	2%	75mg	3%	23g	8%	1g	4%	9g	8g	16%	2g	135
Vanilla Celebration	70500	1.2 oz	140	4.5g	6%	1g	5%	0g	5mg	2%	75mg	3%	23g	8%	1g	4%	9g	8g	16%	2g	135
Blueberry	70600	1.2 oz	140	4.5g	6%	0.5g	3%	0g	5mg	2%	75mg	3%	23g	8%	1g	4%	9g	8g	16%	2g	135
Appleways WG 2.4 oz Oatmeal Bars													<i>2 Grain Equivalent</i>								
Apple	75100	2.4 oz	280	9g	12%	1.5g	8%	0g	5mg	2%	170mg	7%	46g	17%	3g	11%	19g	16g	32%	4g	135
Chocolate Chip	75300	2.4 oz	280	9g	12%	2g	10%	0g	5mg	2%	140mg	6%	46g	17%	3g	11%	19g	16g	32%	4g	135
Strawberry	75400	2.4 oz	280	9g	12%	1.5g	8%	0g	5mg	2%	150mg	7%	46g	17%	3g	11%	19g	16g	32%	4g	135
Vanilla Celebration	75500	2.4 oz	280	9g	12%	2g	10%	0g	5mg	2%	140mg	6%	46g	17%	3g	11%	19g	16g	32%	4g	135
Blueberry	75600	2.4 oz	280	9g	12%	1.5g	8%	0g	5mg	2%	150mg	7%	46g	17%	2g	7%	19g	16g	32%	4g	135
Appleways WG 0.9 oz / 1.0 oz Sweet Crispy Snacks													<i>1 Grain Equivalent</i>								
Cinnamon	71000	1.0 oz	120	4g	5%	0.5g	3%	0g	0mg	0%	75mg	3%	21g	8%	2g	7%	8g	7g	14%	2g	365
Cocoa	71300	1.0 oz	120	3.5g	4%	0.5g	3%	0g	0mg	0%	85mg	4%	21g	8%	2g	7%	8g	8g	16%	2g	270
Blueberry Lemon	71500	1.0 oz	120	3.5g	4%	0.5g	3%	0g	0mg	0%	60mg	3%	21g	8%	2g	7%	8g	7g	16%	2g	365
Granola	71600	1.0 oz	120	2g	3%	0g	0%	0g	0mg	0%	75mg	3%	22g	8%	2g	7%	6g	6g	12%	2g	270
Vanilla	72000	1.0 oz	120	4g	5%	0.5g	3%	0g	0mg	0%	50mg	2%	21g	8%	2g	7%	7g	7g	14%	2g	365
Mixed Berry	72400	0.9 oz	110	3.5g	4%	0.5g	3%	0g	0mg	0%	60mg	3%	18g	7%	2g	7%	6g	6g	12%	2g	270
Appleways WG 0.9 oz / 1.0 oz Savory Crispy Crackers													<i>1 Grain Equivalent</i>								
Cheddar Cheeses	76100	0.9 oz	110	3.5g	4%	1g	5%	0g	0mg	0%	180mg	8%	17g	6%	2g	7%	0g	0g	0%	3g	270
Veggie	76301	1.0 oz	110	3.5g	4%	0.5g	3%	0g	0mg	0%	140mg	6%	18g	7%	2g	7%	1g	0g	0%	2g	180
Sweet Potato	76400	1.0 oz	110	2g	3%	0g	0%	0g	0mg	0%	80mg	3%	22g	8%	2g	7%	6g	5g	10%	2g	180



SNACK SAFELY.
Nut-Free Bakery



www.darlingtonsnacks.com

Darlington Snacks | Indianapolis, IN 46256 | T. 800.754.2202 | customerservice@darlingtonsnacks.com

Copyright © February 2022 Darlington Snacks® All Rights Reserved.

MANUFACTURED BY:

DARLINGTON
 snacks