Product # 70420

# Appleways

1.2 oz. Simply Wholesome Strawberry Oatmeal Bars

## Product Description

Appleways Simply Wholesome Strawberry Soft Oatmeal Bars are a healthy alternative to conventional snacks. Packed with whole grains and all natural flavors, everyone can feel good enjoying them as a tasty anytime snack. They come pre-baked and individually wrapped with a 180-day shelf life in dry storage. Appleways 1.2 oz Strawberry Soft Oatmeal Bars meet or exceed the USDA nutritional requirements for a one (1) ounce grain equivalent.

## Ingredient Listing

Whole Grain Blend (Rolled Oats, Whole Grain Wheat Flour), Enriched Wheat Flour (Bleached Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Palm Oil, Corn Syrup, Applesauce (Apples, Ascorbic Acid), Eggs, Strawberry Flavored Bits (Sugar, Vegetable Oil [Palm, Palm Kernal], Enriched Wheat Flour [Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Malic Acid, Natural Flavor, Caramel Color, Fruits and Vegetables for Color, Tricalcium Phosphate, Sodium Citrate, Soy Lecithin), Canola Oil, Palm Kernel Oil, Natural Flavors, Salt, Nonfat Dry Milk, Salt, Molasses, Baking Soda, Soy Lecithin. Sodium Ascorbate (VITAMIN C).
**CONTAINS: WHEAT, SOY, EGGS, MILK**

***Appleways 1.2 oz. Strawberry Soft Oatmeal Bars meet the USDA nutritional requirements to be a one (1) grain equivalent by containing 16 grams of credible grain. The 51% whole grain sources are: whole grain flour and oatmeal.**

***Certified Kosher by Orthodox Union**

***Produced in a Nut-Free Bakery**

**Nutrition Facts**

Serving Size 1 Bar (1.2 oz)
Servings Per Container

| Amount Per Serving | |
|---|---|
| **Calories** 140 | Calories from Fat 35 |
| | **% Daily Value*** |
| **Total Fat** 4g | **6%** |
| Saturated Fat 1.5g | **8%** |
| Trans Fat 0g | |
| **Cholesterol** 5mg | **2%** |
| **Sodium** 85mg | **4%** |
| **Total Carbohydrate** 24g | **8%** |
| Dietary Fiber 1g | **4%** |
| Sugars 9g | |
| **Protein** 2g | |

Vitamin A 0% • Vitamin C 10%
Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

| | | Calories: | 2,000 | 2,500 |
|---|---|---|---|---|
| Total Fat | Less than | | 65g | 80g |
| Saturated Fat | Less than | | 20g | 25g |
| Cholesterol | Less than | | 300mg | 300mg |
| Sodium | Less than | | 2,400mg | 2,400mg |
| Total Carbohydrate | | | 300g | 375g |
| Dietary Fiber | | | 25g | 30g |

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

## Packaging Information

| | |
|---|---|
| **Product Description** | **1.2 oz. Strawberry Soft Oatmeal Bars** |
| **Case Code** | **70420** |
| **UPC Code** | **675825704206** |
| **GTIN** | **00-675825-704206** |
| **Case Pack** | **4 – 18 count** |
| **Case Dimensions** | **13 1/2" x 12 1/8" x 4"** |
| **Ship Weight** | **7.0 lbs.** |
| **Case Cube** | **0.38** |
| **Pallet Layer** | **9** |
| **Full Pallets** | **108 cases** |
| **Pallet Weight** | **796 lbs.** |

WHOLE GRAIN 8g or more per serving WholeGrainsCouncil.org
EAT 48g OR MORE OF WHOLE GRAINS DAILY

This product has been reviewed and approved by our food scientist and product development specialist:

Justin Miller CEC, CPC

To Place Orders, Contact the Darlington Customer Service Department at (800) 754-2202.

Revised: 8.16.2016

**DARLINGTON**
**1.2oz STRAWBERRY OATMEAL**
**APPLEWAYS**
Approx. 72 Bars
Product No. 70420
Net Weight 5.4 LBS. (2.45 KG.)

WHOLE GRAIN
8g or more per serving
EAT 48g OR MORE OF WHOLE GRAINS DAILY

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**Nutrition Facts**
Serving Size 1 Bar (1.2 oz)
Servings Per Container

| Amount Per Serving | |
|---|---|
| **Calories** 140 | Calories from Fat 40 |
| | % Daily Value* |
| **Total Fat** 4.5g | 7% |
| Saturated Fat 1.5g | 8% |
| Trans Fat 0g | |
| **Cholesterol** 5mg | 2% |
| **Sodium** 85mg | 4% |
| **Total Carbohydrate** 23g | 8% |
| Dietary Fiber 1g | 4% |
| Sugars 10g | |
| **Protein** 2g | |
| Vitamin A 0% • Vitamin C 10% | |
| Calcium 0% • Iron 6% | |

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

| | Calories: | 2,000 | 2,500 |
|---|---|---|---|
| Total Fat | Less than | 65g | 80g |
| Saturated Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

**APPLEWAYS 1.2oz STRAWBERRY OATMEAL BARS**
**Naturally Flavored**

INGREDIENTS: WHOLE GRAIN BLEND (ROLLED OATS, WHOLE GRAIN WHEAT FLOUR), ENRICHED WHEAT FLOUR (BLEACHED FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, INVERT SYRUP, CORN SYRUP, PALM OIL, CANOLA OIL, APPLESAUCE (APPLES, ASCORBIC ACID), EGGS, STRAWBERRY FLAVORED BITS (SUGAR, VEGETABLE OIL [PALM, PALM KERNEL], ENRICHED WHEAT FLOUR [FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], MALIC ACID, NATURAL FLAVOR, CARAMEL COLOR, FRUITS AND VEGETABLES FOR COLOR, TRICALCIUM PHOSPHATE, SODIUM CITRATE, SOY LECITHIN), RAISIN PASTE, PALM KERNAL OIL, NATURAL FLAVORS, NONFAT DRY MILK, SALT, MOLASSES, SOY LECITHIN, BAKING SODA, SODIUM ASCORBATE (VITAMIN C).

**CONTAINS: WHEAT, SOY, MILK & EGGS**

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## Inner Carton Packaging Information

| | |
|---|---|
| **Product Description** | **1.2 oz. Strawberry Oatmeal Bars** |
| **UPC Code** | **675825704503** |
| **Inner Carton Dimensions** | **12" x 5 5/16" x 1 7/8"** |
| **Net Weight** | **21.6 ounces** |

## Each Packaging information

| | |
|---|---|
| **Product Description** | **1.2 oz. Strawberry Oatmeal Bar** |
| **UPC Code** | **675825704909** |
| **Each Dimensions** | **5.625" x 2.438" x 0.5"** |
| **Net Weight** | **1.2 ounces** |

Revised: 8.16.2016