Product # 70220

Appleways

1.2 oz. Simply Wholesome Blueberry Pomegranate Oatmeal Bars

Product Description

Appleways Simply Wholesome Soft Oatmeal Bars are a healthy alternative to conventional snacks. Packed with whole grains and all natural flavors, everyone can feel good enjoying them as a tasty anytime snack. They come pre-baked and individually wrapped with a 180-day shelf life in dry storage. Appleways 1.2 oz. Soft Oatmeal Bars meet or exceed the USDA nutritional requirement for a one (1) ounce grain equivalent.

Ingredient Listing

Whole grain blend (rolled oats, whole grain wheat flour), enriched wheat flour (bleached flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, palm oil, corn syrup, applesauce (apples, ascorbic acid), eggs, blueberry flavored bits (sugar, vegetable oil [palm, palm kernel], enriched wheat flour [flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], natural flavor, malic acid, fruit and vegetable juice for color, soy lecithin, sodium citrate), canola oil, palm kernel oil, natural flavors, nonfat dry milk, salt, molasses, baking soda, soy lecithin, sodium ascorbate (Vitamin C). **CONTAINS: WHEAT, SOY, EGGS, MILK**

***Appleways 1.2 oz. Blueberry Pomegranate Soft Oatmeal Bars meet the USDA nutritional requirements to be a one (1) grain equivalent by containing 16 grams of credible grain. The 51% whole grain sources are: whole grain flour and oatmeal.**

***Certified Kosher by Orthodox Union**

***Produced in a Nut-Free Bakery**

Nutrition Facts

Serving Size 1 Bar (1.2 oz)
Servings Per Container

Amount Per Serving	
Calories 140	Calories from Fat 35
	% Daily Value*
Total Fat 4g	6%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 80mg	3%
Total Carbohydrate 24g	8%
Dietary Fiber 1g	4%
Sugars 9g	
Protein 2g	
Vitamin A 0% • Vitamin C 4%	
Calcium 0% • Iron 4%	

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

WHOLE GRAIN
8g or more per serving
WholeGrainsCouncil.org
EAT 48g OR MORE OF WHOLE GRAINS DAILY

Packaging Information

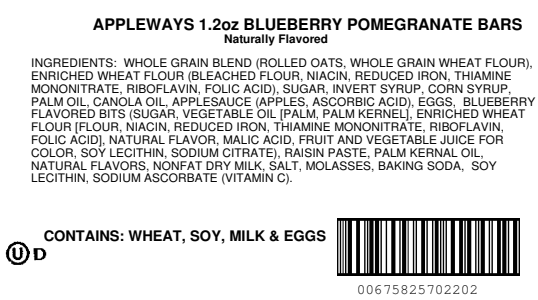
Product Description	**1.2 oz. Blueberry Pomegranate Oatmeal Bars**
Case Code	**70220**
UPC Code	**675825702202**
GTIN	**00-675825-702202**
Case Pack	**4 – 18 count**
Case Dimensions	**13 1/2" x 12 1/8" x 4"**
Ship Weight	**7.0 lbs.**
Case Cube	**0.38**
Pallet Layer	**9**
Full Pallets	**108 cases**
Pallet Weight	**796 lbs.**

This product has been reviewed and approved by our food scientist and product development specialist:

Justin Miller CEC, CPC

Revised: 8.16.2016

To Place Orders, Contact the Darlington Customer Service Department at (800) 754-2202.



Inner Carton Packaging Information

Product Description	**1.2 oz. Blueberry Pomegranate Oatmeal Bars**
UPC Code	**675825702509**
Inner Carton Dimensions	**12" x 5 5/16" x 1 7/8"**
Net Weight	**21.6 ounces**

Each Packaging information

Product Description	**1.2 oz. Blueberry Pomegranate Oatmeal Bar**
UPC Code	**675825702905**
Each Dimensions	**5.625" x 2.438" x 0.5"**
Net Weight	**1.2 ounces**

Revised: 8.16.2016