



Product # 70200

## Appleways

### Simply Wholesome Blueberry Pomegranate Oatmeal Bar, 1.2 oz, IW

#### Product Description

Appleways Simply Wholesome Soft Oatmeal Bars are a healthy alternative to conventional snacks. Packed with whole grains and all-natural flavors, everyone can feel good enjoying them as a tasty anytime snack. They come pre-baked and individually wrapped with a 180-day shelf life in dry storage. Appleways 1.2 oz. Soft Oatmeal Bars meet or exceed the USDA nutritional requirement for a one (1) ounce grain equivalent.

#### Ingredient Listing

Whole grain blend (rolled oats, whole grain wheat flour), enriched wheat flour (bleached flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, invert syrup, corn syrup, palm oil, canola oil, applesauce (apples, ascorbic acid), eggs, blueberry flavored bits (sugar, vegetable oil [palm, palm kernel], enriched wheat flour [flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], natural flavor, malic acid, fruit and vegetable juice for color, soy lecithin, sodium citrate), raisin paste, palm kernel oil, natural flavors, nonfat dry milk, salt, molasses, baking soda, soy lecithin, sodium ascorbate (Vitamin C).

**CONTAINS: WHEAT, SOY, EGGS, MILK**

**\*Appleways 1.2 oz. Blueberry Pomegranate Soft Oatmeal Bars meet the USDA nutritional requirements to be a one (1) grain equivalent by containing 8 grams of credible grain. The 51% whole grain sources are: whole grain flour and oatmeal.**

**\*Certified Kosher by Orthodox Union**

**\*Produced in a nut-free bakery**

Nutrition Facts	
Serving Size: 1.2 OZ (34g)	
Servings Per Container: 1	
Amount Per Serving	
<b>Calories 140</b>	Calories from Fat 40
% of Daily Value*	
<b>Total Fat</b> 4.5g	<b>7%</b>
Saturated Fat 1.5g	<b>8%</b>
Trans Fat 0g	
<b>Cholesterol</b> 5mg	<b>2%</b>
<b>Sodium</b> 85mg	<b>4%</b>
<b>Total Carbohydrate</b> 23g	<b>8%</b>
Dietary Fiber 1g	<b>4%</b>
Sugars 10g	
<b>Protein</b> 2g	
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	



#### Packaging Information

<b>Product Description</b>	<b>1.2 oz. Blueberry Pomegranate</b>
<b>Case Code</b>	<b>70200</b>
<b>UPC Code</b>	<b>675825702004</b>
<b>GTIN</b>	<b>00-675825-702004</b>
<b>Case Pack</b>	<b>216</b>
<b>Case Dimensions</b>	<b>19" x 15 7/8" x 7 1/4"</b>
<b>Ship Weight</b>	<b>18.0 lbs.</b>
<b>Case Cube</b>	<b>1.3</b>
<b>Pallet Layer</b>	<b>6</b>
<b>Full Pallets</b>	<b>48 cases</b>
<b>Pallet Weight</b>	<b>904 lbs.</b>

This product has been reviewed and approved by Darlington's Vice President of Bakery Sciences and Manufacturing:  
Justin M. Miller CEC CPC

Revised: 8.7.2018



### Case Label

#### Appleways 1.2 oz WG Blueberry Pomegranate Oatmeal Bar

Approx. 216 IW Bars  
Product No. 70200  
Net Weight 16.2 LBS. (7.35 KG)  
Gross Weight 18.0 (8.16 KG)



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Noblesville, IN 46062 800.754.2202

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**CONTAINS: WHEAT, SOY, EGGS & MILK**

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Produced in a Nut-Free Bakery

**BB: Month DD, YYYY  
Lot Code JM**



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To Place Orders, Contact the Darlington Customer Service Department at (800) 754-2202.