Product # 70100

Appleways

1.2 oz. Simply Wholesome Apple Soft Oatmeal Bars

Product Description

Appleways Simply Wholesome Apple Soft Oatmeal Bars are a healthy alternative to conventional snacks. Packed with whole grains and all natural flavors, everyone can feel good enjoying them as a tasty anytime snack. They come pre-baked and individually wrapped with a 180-day shelf life in dry storage. Appleways Apple 1.2 oz Soft Oatmeal Bars meet or exceed the USDA nutritional requirements for a one (1) ounce grain equivalent.

Ingredient Listing

Whole grain blend (rolled oats, whole grain wheat flour), enriched wheat flour (bleached flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, invert syrup, corn syrup, palm oil, raisin paste, canola oil, applesauce (apples, ascorbic acid), palm kernel oil, eggs, soy lecithin, molasses, cinnamon, natural flavors (contains milk), salt, baking soda, sodium ascorbate (Vitamin C). **CONTAINS: Eggs, Milk, Soy, Wheat**

***Appleways 1.2 oz. Apple Oatmeal Bars meet the USDA nutritional requirements to be a one (1) ounce grain equivalent by containing 8 grams of credible grain. The 51% whole grain sources are: whole grain flour and oatmeal.**

***Certified Kosher by Orthodox Union**

***Produced in a nut-free bakery**

Nutrition Facts

Serving Size 1 Bar (1.2 oz)
Servings Per Container

Amount Per Serving	
Calories 140	Calories from Fat 40
	% Daily Value*
Total Fat 4.5g	**7%**
Saturated Fat 1.5g	**8%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 80mg	**3%**
Total Carbohydrate 23g	**8%**
Dietary Fiber 1g	**4%**
Sugars 10g	
Protein 2g	

Vitamin A 0%	• Vitamin C 10%
Calcium 0%	• Iron 6%
Thiamin 4%	• Riboflavin 2%
Niacin 2%	• Vitamin B6 0%
Folic Acid 6%	• Vitamin B12 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

WHOLE GRAIN 8g or more per serving
WholeGrainsCouncil.org
EAT 48g OR MORE OF WHOLE GRAINS DAILY

Master Packaging Information

Product Description	**1.2 oz. Apple Oatmeal Bars**
Case Code	**70100**
UPC Code	**675825701007**
GTIN	**00-675825-701007**
Case Pack	**216**
Case Dimensions	**19" x 15 7/8" x 7 1/4"**
Ship Weight	**18.0 lbs.**
Case Cube	**1.2650**
Pallet Layer	**6**
Full Pallets	**48 cases**
Pallet Weight	**904 lbs.**

This product has been reviewed and approved by our food scientist and product development specialist:
Justin M. Miller CEC CPC

Justin Miller CEC, CPC

To place orders, contact the Darlington customer service department at (800) 754-2202.

Revised: 5.3.2016

Case Label

DARLINGTON
1.2oz APPLE OATMEAL
APPLEWAYS

Approx.216 Bars
Product No.70100
Net Weight 16.2 LBS. (7.35 KG.)

WHOLE GRAIN
8g or more per serving
EAT 48g OR MORE OF WHOLE GRAINS DAILY

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Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

APPLEWAYS 1.2oz APPLE OATMEAL BARS

INGREDIENTS: WHOLE GRAIN BLEND (ROLLED OATS, WHOLE GRAIN WHEAT FLOUR), ENRICHED WHEAT FLOUR (BLEACHED FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, INVERT SYRUP, CORN SYRUP, PALM OIL, RAISIN PASTE, CANOLA OIL, APPLESAUCE (APPLES, ASCORBIC ACID), PALM KERNAL OIL, EGGS, SOY LECITHIN, MOLASSES, CINNAMON, NATURAL FLAVORS (CONTAINS MILK), SALT, BAKING SODA, SODIUM ASCORBATE (VITAMIN C).

CONTAINS: WHEAT, SOY, MILK & EGGS

ⓊD

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Revised: 5.3.2016